



MENTAL HEALTH ASSOCIATION OF COLORADO

For Immediate Release

Monday, April 10, 2006

Contact: Jacy Conradt ■ Community Relations Coordinator
720-208-2234 ■ jconradt@mhacolorado.org

FREE SCREENINGS FOR ANXIETY & STRESS

DENVER, Colo., April 10, 2006— Mental disorders affect one in five Coloradans each year. Sadly, many of those suffering will not seek treatment for their illness. To help build awareness and educate about common mental health disorders, symptoms and effective treatments available, the **Mental Health Association of Colorado** will be providing free anxiety, depression, post traumatic stress disorder and generalized anxiety disorder screenings at upcoming 9Health Fairs around the metro area.

“Everyone experiences stress, however, it’s different when you have an anxiety disorder. Anxiety disorders can interfere with your day-to-day activities and severely impact your life. But don’t give up hope, because once the disorder is diagnosed and treated, you can take charge of your life again,” states Jeanne M. Rohner, President and CEO of MHAC. “Our goal, by making these types of screenings available and free to the public, is to overcome the stigma associated with mental illness and show people that these disorders are quite common and very treatable.”

Visit an MHAC booth at one of the following locations:

Saturday, April 22 • 7am-Noon

Boulder Hotel & Motel Assn
Denver VA Medical Center
Regis University

Hotel Boulderado
1055 Clermont St
3333 Regis Blvd

Boulder
Denver
Denver

Monday, April 24 • 7am-Noon

Trinity United Methodist Church

1820 Broadway

Denver

Friday, April 28 • 9am-Noon

King Baptist Church

3370 Ivy St.

Denver

Saturday, April 29 • 7am-Noon

Calvary Baptist Church

6500 E. Girard Ave

Denver

Sunday, April 30 • 7am-Noon

Colorado Islamic Center
Community SDA Church

2071 S. Parker Rd
2455 E. 36th Ave

Denver
Denver

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About the Mental Health Association of Colorado

The Mental Health Association of Colorado is the catalyst and voice for the Colorado mental health movement. Through Education, Advocacy and Outreach, we provide resources to Coloradans affected by the entire spectrum of mental health issues.

1385 S. Colorado Blvd., Ste. 610, Denver, CO 80222
720-208-2220 ■ 800.456.3249 ■ 720-208-2250 fax
www.mhacolorado.org